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**FULL BLADDER INSTRUCTIONS FOR BLADDER**  
**ULTRASOUNDS AND UROFLOW TESTING**

**You need to have finished drinking a minimum of 28 ounces of water one hour *\*BEFORE\** your scheduled appointment for a bladder ultrasound.**

**It takes at least one hour for the water you drink to completely fill your bladder.**

**Do NOT urinate after you have finished drinking the water. The technician needs to take a picture of your bladder while it is full. Immediately after he takes the pictures, you will be able to use the bathroom to empty your bladder. Then the technician will take more pictures of your bladder to check if your bladder is emptying well.**

**It is important for your bladder to be full at the time of this ultrasound in order for Dr. Glazier to be able to make decisions regarding your diagnosis and treatment.**

**If you have any questions, please feel free to call our office.**

**Thank you!**

